Don't Wait Until It's Too Late

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Turn Your Dreams Into Goals

Often, the dreams we have about things we hope to achieve can come about if we simply document our dreams and create a plan of action to make our dreams a reality.

Every person on this planet has a unique purpose and a unique set of gifts and talents. What are your gifts and talents? What do you enjoy doing most? What makes you happy? Whatever we enjoy doing most, and whatever makes us most happy is often a sign of what we should be doing with our lives.

A while ago, one of my friends conveyed some powerful words out loud, “Monetize

your passion." These words have been said before many times in different ways, but they stuck out to me when he said it.

Instead of spending your life getting paid to do something that you do not enjoy, get paid to do something that you do enjoy. Many of us do not realize how much of our life is spent doing things that we do not enjoy until we take a moment to consider this subtle truth. One of my life mottos is: spend more time doing the things I love and enjoy, and less time doing the things I don't love and enjoy. If you follow this motto, you will live a happier, more fulfilling, and more successful life; you will also help yourself maintain a more positive attitude

and higher energy by living your life this way.

Today, many people are not going after their dreams. Most people spend much of their lives hearing about and witnessing others' successes because those people choose to go after their dreams. Furthermore, many of the people who are going after their dreams often quit when they do not receive or observe immediate results from their actions. To make your dreams a reality, you must decide that you are going to do something every day to put you one step closer to making your dreams your reality.

When you consistently work on your dreams and goals, you build momentum, confidence, and stamina. After a while, any type of perceived setback will not discourage you, tamper with your positive mental attitude, nor decrease your momentum towards reaching and accomplishing your goals. Instead, setbacks will motivate you to push further and more ardently towards achieving your goals and dreams in other creative ways. The more consistently you work on your goals and dreams, the more you will start to believe in yourself and your dreams.

Take one minute to list the five most important goals in your life right now as quickly as possible. As you write down

these goals, do not limit what you think you can or cannot achieve; only write down what you wish to accomplish without limits. After you have done this, decide which goal is the most important goal that you need to take action in your life immediately. Next, write a list of 10–20 actions you can take to accomplish this goal. Finally, complete one action right now for this goal, and then come back and continue reading.

Remember, there are no goals and dreams that are too big or unachievable. You are the sole determinant of whether your dreams convert into your present reality. If you are ever feeling discouraged because you think that your actions are not producing any substantial

results, don't give up. Continue working on your goals every day, and expect the best outcome from your dedication and time that you consistently invest in your goals.

It is essential to understand that you should never compromise between what you want and what you think is realistic for you to achieve. Instead of adjusting your goals to more "realistic goals," change the actions and steps you plan to take to accomplish your "dream goals."

We are capable of more than we think we are if we relinquish all our fears, doubts, and insecurities. Ultimately, we must believe in ourselves to tap into our unlimited potential.

How much longer will you spend your life thinking about your dreams versus consistently working on your ideas? Instead of wasting time watching other people accomplish their goals and dreams, channel that time and energy into your dreams, which is precisely what successful people do.

Maintaining A Positive Mental Attitude

Maintaining a positive mindset is a crucial habit to have. Throughout life, you will come across different events and people that can influence you positively or negatively; ultimately, you decide how you allow people and life circumstances to affect you. If you commit to maintaining a positive mental attitude, you will develop a positive force so durable that will consistently propel you forward in life. In addition, a positive mental attitude can bring healing to others who are around you. Even if your day is not to your satisfaction, act as if you are having a good day anyways. Often, when you force yourself to have a

positive mental attitude, it will soon become a habit. After a while, you will naturally and consistently maintain a positive mental attitude even in the most despondent circumstances, which will inevitably bring you right out of them.

If you continuously speak negative, most people will not want to be around you because consistently being around negative people can be mentally and emotionally draining; negativity is infectious. Negativity destroys, but positivity creates and builds up. If you ever want to get anywhere in life, with any endeavor you undertake, you will come to find out how far positivity can take you.

One of the main characteristics that some employers seek is positivity. Employers know that positive people can be just as (or more) infectious than negative people. Moreover, employers realize that positive people handle constructive criticism, setbacks, overwhelming tasks, complicated situations, and their overall job in a positive manner. Positive people are easier to work with and more enjoyable to be around.

Learn how to maintain a positive attitude if you have not already mastered this valuable habit. The dividends you receive from maintaining a positive mental attitude will be more rewarding than you may realize.

A positive mental attitude not only affects the people around you, but it also affects you and what you are hoping to obtain and accomplish in your life. Watch and observe your thoughts and the words you speak to yourself; thoughts and words are potent. The thoughts and words we speak and think to ourselves create our life experiences. Here are some examples of things you can say instead of investing in or stating a negative thought or statement:

“I do not have enough capital to start my own business.” vs. “Many doors and opportunities are opening up for me to gather capital to start my own business,

and many ideas come to me from various sources."

"Nobody likes me." vs. "Everyone I encounter likes and appreciates me."

"I can't do this." vs. " I am going to take action now because I know that I can do this!"

Even when what you speak seems to contradict your current reality, continue to express positive statements, and think positive thoughts; after a while, your subconscious mind will start to agree with you. You will start seeing things change for the better in your life.

YOU CAN EITHER BE YOUR BIGGEST ENEMY OR YOUR BIGGEST MOTIVATOR!

You are the most significant determinant of where you go in life, where you stay in life, and what you create for your life. Simply verbalize what you hope to accomplish throughout the day, and team your words with *prolific* action.

Always maintain a positive mental attitude, even when it feels uncomfortable and difficult to do so. Life is full of ups and downs, but why not enjoy life as much as possible by maintaining a positive mental attitude? Too many people waste so much of their energy bickering and complaining about

unfavorable circumstances. Be different; spend your energy being positive and helping others do the same; I promise you it feels a whole lot better and even produces a more energetic demeanor within you.

Take time out of your day to encourage others; doing this will lift other peoples' spirits, lift your spirits, and give you enough positive energy to take on whatever endeavors you choose.

Remember that maintaining a positive mental attitude will help you accomplish your dreams and reach your goals faster.

Discipline

Living a disciplined lifestyle is not always the most enjoyable habit because discipline often equates to the sacrifice of immediate rewards, benefits, and results. Discipline can be an uncomfortable action to execute in life consistently. So why do some choose to live a disciplined lifestyle? The long-term rewards and consequences that come about from doing so. When people practice the habit of discipline, they reap the rewards and benefits that outweigh their initial lack of desire to be disciplined. Once the habit of discipline is solidified into a person's lifestyle, they will most likely notice that their self-esteem, self-confidence, self-respect,

and productivity skyrockets. Try it, and see for yourself.

Many activities that hinder the developed habit of discipline include: entertainment (e.g., video games, movies, television, etc.), social media, aimless internet browsing, texting, and engaging in consistent irrelevant conversations with coworkers or friends; all of these can be fun and entertaining activities to participate in, but they are not high priorities and have few (or no) consequences if you do not engage in them. As the saying goes, “If you pay now, you can play later.” Put up the phone, turn off the TV, and focus on what you need to get done; you can always return to these activities.

If you have a dream or goal that you want to achieve, the level of discipline incorporated into your lifestyle will be one of the main determinants of whether that dream or goal is accomplished. Discipline is what separates successful people from unsuccessful people.

Something I notice about some successful people is that they usually never consistently spend a copious amount of time engaging in low priority activities that are not directly related to their dreams or goals. They do not consistently waste time watching TV, browsing social media, and the internet for countless hours, or engaging in entertainment for endless hours.

Successful people invest most of their time in their dreams and goals almost every day (if not daily). Furthermore, they are very selective about who they spend their time with and how much of their time they give away. It may seem like successful people are selfish, but many are simply focused and determined to make their dreams a reality. Many successful people rise early and retire late so they can get more accomplished; successful people do more than the average person every day because they are hungry for their dreams. Successful people are disciplined in multiple areas of their life: relationships, health, career, and every other aspect of their personal life.

Discipline is consequential to accomplishing your goals. The good thing about discipline is that once you have established this powerful habit, it is easier to maintain and more difficult to lose. You most likely will be so ecstatic about how productive and successful you become from practicing the habit of discipline that you never go back to living a life without it.

Peer Pressure/Boundaries

Many people do not have a firm grasp of their identity, which means many people find themselves doing things they have no desire. Granted, life is a journey, and we are continually evolving, but if you have no purpose while you are developing, then you will wander aimlessly and easily fulfill the desires of others.

When you are pressured, by a peer, to engage in an action that you do not want to participate in, you are subordinating yourself to peer pressure; you are also conveying that you have few boundaries.

You may ask, “What are boundaries?” Boundaries are ultimately the invisible lines and gates you have up to inform people what you are willing to do, willing to not do, what you will allow to happen to you, and what you will not allow to happen to you. Boundaries also convey to people how they should engage with you, how they should touch you (if they are even allowed), and how they should talk to you.

If you consistently do what others tell you to do when it is not beneficial for you, and maybe even harmful, you assign yourself as a doormat for people to walk all over. When you do not speak up for yourself nor demonstrate to others that you have boundaries, you are conveying

to the world that you do not value yourself; if you do not value even yourself, then why should others value you?

One woman did a live example on me to illustrate what happens when a person does not stand up for themselves, does not speak up for themselves, and does not communicate their wants and needs. She told me to get on the floor and lay down flat on my face. Of course, I wondered why, and I knew something crazy was about to happen, but I trusted her and went along with it. What followed was her literally walking all over my body. When she finished walking on me, she told me, “This is what will happen to you if you do not speak up for yourself.”

I will never forget this lesson ever. Although this scenario may seem absurd, it demonstrates exactly what happens to so many people throughout life. Many people let people walk all over them at work, at home, in relationships, at school, in life, and wherever else you can think of because they choose not to speak up for themselves. People who do not speak up for themselves often fall victim to peer pressure, let others make decisions for them (whether they like the choices or not). They are usually not the happiest people because they often never experience what they want out of life and people. Many people who are on the right track with their lives can easily fall off the right path by not knowing

when it is best to follow others and when it is best to be a leader.

The people we surround ourselves with says something about who we are. If you surround yourself with productive people who have good intentions, you will most likely similarly conduct your life. If you surround yourself with unproductive people with bad intentions, you may find yourself in controversial situations and do things you had no original desire or plan to do. A notable quote from The Great Book is, “Bad company corrupts good manner [character].” If you surround yourself with good-intentioned and positive people, if they ever put peer pressure on you, it will most likely be beneficial to you.

Peer pressure is when a person tries to persuade you to do something; the "something" that person wants you to do can be either good or bad. If you value your dreams and goals and have a strong desire to go after your ambitions, you will not give in to negative peer pressure because you will count the cost for every decision that puts your success at risk.

Boundaries

One of the best examples of boundaries is your time. When you have boundaries in place, you will be careful about where your time goes and who it goes to. One way to incorporate boundaries into your life is to maintain and utilize a daily

schedule. By using a schedule, you will be more productive, and you will also be more in control of where and what you invest your time in. Having boundaries means that when you work on a task, you focus on that task and nothing else. Instead of answering a phone call that comes in, you ignore it, let it go to voicemail, or keep your phone on silent when you are working on a priority task. Many people often get caught up, on the phone, with other peoples' lives, business, and problems, and they get frustrated (sometimes) because they never get around to accomplishing what they need to. If you do not have boundaries over your time and schedule, you will most likely be stressed out, unproductive, unhappy, and irritated;

most likely, you will believe that other people run your schedule and time. You will also fall victim to thinking that you do not have time to accomplish what you need to; hence, your dreams will be put on the back burner because you keep letting your time dissipate to other things and other people.

Set boundaries in your life today and start accomplishing *more*. Help your friends and family, and answer calls when necessary, but never focus so much on others that you stop focusing on your dreams and goals. I promise that you will be a happier person in the long run by placing boundaries in your life.

Be Yourself

“Don’t be afraid to express who you are and what you value. One of your goals in life should be to be accepted or rejected for who you truly are.” — Steven Carter

“A voice that lives deep inside of you will always remind you exactly who you are […].” — Steven Carter

One of the most attractive traits a person can have is when they stay true to themselves. In this day and age, there are many possible influences on how we act, what we desire, how we communicate, and how we present ourselves to others. There are so many influences that one could wonder if who

they are and what they want to do with their life is inspired by another influence on an unconscious level.

Not everyone has the same dreams, goals, or ambitions; everyone has unique desires which they can accomplish in their way. When you conduct your life according to how you want to, you will live a much happier, content, and fulfilling life. According to someone else's standards and preferences, living your life can be tiring, stressful, and incomplete. This chapter is in this book because many people get easily caught up following the crowd, and while following the crowd, they lose themselves and subject themselves to a life of conformity. Live your life for you.

Do the things you want. Dream about the things you want to dream about. Believe and support the causes that stir the fire in your heart and soul. Create goals to accomplish that you have a burning desire for. Engage in activities that you want to engage in. Many people spend most of their time doing things they have no desire to do, and they wonder why they so often feel unhappy and incomplete. We are the drivers of our life. Hence, we should only go to places where we want to go, and let only passengers we genuinely love and care about ride with us on our life journeys. The passengers who ride with you should be people who support you and love you for who you truly are and not for what you can do for them. The places

you go are the goals, dreams, and desires that you plan to accomplish, experience, and fulfill. When you surround yourself with people who truly care about you and support your dreams, you will have more momentum to keep going after the things you want. No one in your close circle will try to refute or discourage you from being yourself or going after your dreams. Instead, they will encourage you, accept you, and be supportive of you, which gives you even more positive energy to continue following your dreams.

The way you can honestly know if someone is worth being a passenger in your life is to be yourself. We only have so much time on this earth, so we might

as well enjoy it being who we are, doing what we love, and being around people that we enjoy being around. The way you can be delighted, satisfied, and content with life is to be yourself.

The only thing you have to lose from being yourself is the acceptance of the wrong people.

You are the one who must live with the decisions you make daily. So, if you decide to live and follow someone else's dreams, or if you decide that you are going to act like someone you are not, you are stating that you do not value your dreams, and you do not appreciate who you genuinely are. Every day we have a choice to make, we can express

to the world who we indeed are or deny the world the beautiful expression of who we indeed are.

At the end of the day, you are the one who must live with the decisions you make on a daily basis. So, if you decide to live and follow the dreams of someone else, or if you decide that you are going to act like someone who you are not, you are stating that you do not value your own dreams, and you do not value who you genuinely are. Every day we have a choice to make, we can express to the world who we truly are, or we can deny the world the beautiful expression of who we truly are.

Take a step today to live a more genuine life, take another step today to construct your life the way you want it to be, and finally take one last step to ensure you are going after your dreams and not someone else's.

Remember that you are essential, and remember that you are the driver of your life.

Life is much more enjoyable and enriching when we do the things that express who we truly are.

Be yourself.

Be A Leader

Leaders Are:

1. Decisive
2. Quick decision-makers
3. Determined
4. Wise
5. Patient
6. Diligent
7. Focused
8. Goal-Oriented
9. *Active* Dreamers
10. Planners
11. Productive
12. Highly Skilled with time management
13. Experts at prioritizing
14. Resourceful
15. Humble

16. Courageous

Leaders:

1. Know how to get others to accomplish their goals

2. Know how to get people to work as a team

3. Know how to get people to follow them

4. Know how to influence people

5. Know how to handle ample responsibility and delegate responsibility when necessary

6. Know how to reach solutions

7. Know how to make the best decisions for themselves and others

8. Know themselves very well

9. Know when to speak and when to listen

10. Know how to make decisions independent of others' thoughts and feelings

11. Know how to obtain the knowledge they don't have

Which of these characteristics do you possess? The more attributes you

possess, the more likely you are living your life as a leader and not a follower.

Being a leader is more rewarding than being a follower because a leader is in the driver seat of their life. A leader knows where they are going and where they are not going. A leader has a purpose and does not let anyone come between them and their goal. Many successful people are leaders because they engage in actions that no one else does; they do not subject themselves to a life of conformity. Leaders know how to take advantage of opportunities. Leaders know when to accept opportunities and when to decline opportunities because they know what is best for themselves. One thing that is

consistent about leaders is that they are excellent decision-makers, and they know how to maximize a perceivably wrong decision or outcome and make the most of it. Leaders are active dreamers; instead of thinking about their dreams, they are actively making progress towards accomplishing their goals. They never settle for anything less than they intend to accomplish, and they always aim for the stars. Leaders dream big, and they believe they can achieve anything they set their mind and heart without a doubt. Leaders are confident and know how to work with people. Leaders choose their friends wisely and are careful about who they share and discuss their dreams with. Leaders carefully

schedule their time out to ensure they use their time most productively.

Conducting your life as a leader will propel you towards your dreams faster than you ever imagined. The difference between a follower and a leader is that a leader lives a more prosperous, productive, and content life. Leaders do what they need to do without someone asking them to do it; they are responsible people. Followers do what everyone else does. Followers live mediocre lives and dream average dreams, which they usually never accomplish. Followers waste so much time on things that have little value. Followers stay stagnant throughout life; they do not grow as much as they could.

Leaders consistently invest in themselves with books, new knowledge, fruitful relationships, travel adventures, positive activities, enriching events and experiences, motivational materials, and informative conferences that will further their self-development. Leaders value themselves and their dreams. **Leaders know their futures because they work to create it every single day.** Leaders do not conform with the average person; leaders are continually transforming themselves into better people.

Which one are you: A leader or a follower? If you are a follower, this chapter conveys some characteristics and actions you can take right now to put

you on the right path to becoming the natural leader you were born to be.

Plan Ahead Financially

It is never too early to start planning and preparing for your financial future. The best time to start preparing for your financial future is right now. Most people wait until later in life to start taking the subject of finance seriously. Sometimes it works out for people, and sometimes it doesn't work out for people. However, most people who wait until later in life, to get their finances in order, often experience feelings of regret.

It may not seem to be the most crucial subject in your life right now to educate yourself on, but if you look around you, having money and not having money affects people's lives worldwide in a

multitude of ways—every day. Educating yourself on finance is a way to invest in your well-being, future, and present. The earlier you start learning about money, the more control you will have over your current and future financial situation.

Saving

A good rule of thumb is to save at least 10 - 25% of your income. Saving a percentage of your income is a way to invest in yourself. When you save money, you are conveying to yourself that you value your well-being and financial future. Saving money is a healthy financial habit that prepares you for unexpected circumstances. You also will experience peace of mind and

feelings of security when you start saving money.

After you get into the habit of saving money (which only takes a few weeks), it is time to make your money work for you by investing it. Many books offer advice on investing. If you do not know anything about investing money, I suggest reading articles or books on the topic at a beginner level. I also recommend visiting with a financial advisor (free at many firms or banks) to learn about different investment options that would fit your income and goals. Always do your homework, though, and make sure you choose options that work best for you. I like to think of investing as a tool to earn more money without having to do any

work; you save a percentage of your income, put it in an investment account (such as a mutual fund), and let compound interest work to your advantage.

Giving

Giving a percentage of your money, time, and resources helps you avoid living a selfish life; it also keeps you grounded and grateful for all you have. Many people feel they must give to churches and charities, but this is not the case. You don't have to give to specific organizations such as charities and churches; you can give your money to people, causes, academic institutions, positive programs, events, etc. Never place a limit on where and how you can

give your time, money, and resources. Giving can be as simple as treating someone out to lunch, getting groceries for a family on welfare or temporarily tight on funds, or buying someone you know, who is stressed out a care basket, or a massage. Furthermore, you do not have to give monetary resources; you can also provide physical resources (e.g., clothes, shoes, furniture, books, etc.).

The goal of giving is simply to help others and show kindness. When you give, it not only increases your self-esteem and makes you feel good about yourself, but it can also create and initiate a domino effect. Giving to others can soften the most hardened hearts of people and make them more receptive

and willing to do the same for others. When you give to others, you are not only giving directly to them, but you are also giving to all the people who will be positively affected by the first person you gave to.

Spending

Life is meant to be enjoyed, and it should be enjoyed. Spending money is a good thing, especially when you have money and resources to expend. When it comes to spending, the best advice I can give you is to spend less than you bring in. If you follow this rule, it will take you far. Another good tip for spending is to think for 24–48 hours before making purchases (especially bigger ones); this has helped me determine if I truly want or need

something. Sometimes I completely forget about an item when I take the time to consider the purchase before immediately buying it. There should be a balance between buying things you need and buying the things you desire. You don't want to over-indulge, but you also don't want to under-indulge. Depending on your income, you can set a certain percentage of your income that you intend to spend (e.g., 10%); your goals and expenses will ultimately determine what percentage you decide on.

Spending should not involve feelings of guilt; it should be a fun activity. If you are experiencing feelings of guilt, take some time to reflect on what changes and adjustments need to be made to your

budget or yourself to eradicate these feelings.

Retirement

What age would you like to retire? Determine what age this is and decide how much money you want to have saved up and invested when you retire. Finally, use an investment calculator (do a google search and type in “retirement calculator” or “investment calculator”) to see how much money you will need to save each month, or per year, based on your current age. If you are young, this may seem like a silly thing to do, but I guarantee you will not feel that way when you are retired at the age you anticipated with the amount of money you desired to have saved up.

Be different from what the average person does, and start working on your financial future today. You may want to retire at 30 years old or 40 years old or maybe even at the age of 70; it doesn't matter what age you want to retire at, it matters what you do now to make sure you retire when you want to retire.

You don't have to be a millionaire or be rich to live a financially healthy and pleasurable life. Of course, you can have this financial status if you would like, but the main point I want to convey to you is that having money and doing the things you desire can be made possible through simple planning and discipline. Start today!

Do It Now!

Many people blame others for their current circumstances and mistakes in the past, but realistically they are the only people responsible for their life situations. We ultimately determine what we allow and do not allow to happen to us (to an extent); we also determine our present and future circumstances. But in better words, we are in charge of how we respond to life and events that are out of our control.

Once you decide to take full responsibility for your life, you will notice your life change in different ways (some more conspicuous than others). When someone takes full responsibility

for their life, they become aware that they are the sole creator of their life experience. A person cannot control what life brings, but they can control how they respond to life. Everyone has experienced some adverse events in their lifetime, and there is nothing to do about past events except to move forward. As life goes on, so must we; we cannot let unfortunate past events negatively determine and affect our present and future. Taking responsibility for your life means you never make excuses for your current life based on your past. When you become the driver of your life, nothing can stop you from creating the life you truly want.

So much of our time is spent dreaming and thinking about our wants and desires instead of acting productively on them; this is a form of unproductive paralysis. When we always remain in this state, it becomes a habit that makes it more difficult to act. Well, it is time to act differently. It is time to move now. It is time to take one step every day towards making your dreams your reality. Remember, we are the sole creators of our lives. We determine the outcomes and destinations of where we go and where we stay. Do not let other people, past circumstances, and current circumstances determine your destiny; we have complete control over our destiny. We create our destiny. We

create our futures. You are powerful, more powerful than you probably realize.

Most people spend their lives helping other people achieve their dreams. They go to work every day and stay in the same position or have little ambition to get that much further than where they currently are. Whether a person works in the fast-food industry, retail, or corporate, they help achieve the goals of the people who own the company or hold executive positions within the company. Every time you go to work, you can do the following:

1. Help someone else achieve their goals (e.g., work for someone else all your life with little to no upward mobility).

2. Help someone else achieve their goals while simultaneously fulfilling your goals (e.g., helping someone else achieve their goals by working for them while you consistently get promotions in the company and simultaneously work on your personal goals and dreams).

3. Spend all your time helping yourself achieve your goals (e.g., work only for yourself).

Do you want to achieve your dreams or someone else's dreams? If you want to achieve your dreams, then the most important thing you can do is create a plan. If you decide to work for someone else, understand that this option can be

very advantageous if you take advantage of as many opportunities as possible. Three things you can do when you work for someone else will leave you feeling grateful and better off than before you started:

1. Gain as much experience and knowledge as you can.

2. Make as many valuable connections as you can.

3. Continually seek opportunities for promotions, more responsibility, and further advancement.

“Many people treat their purpose as a hobby and their job as a way of life.” – Unknown

If you work for someone else, never forget about your dreams. Make sure you consistently make time to work on your dreams every single day, even if you don’t feel like it. You want to be selfish when it comes to your dreams; many people get so caught up in working for someone else that they forget about their dreams and start to devalue their dreams, which inevitably leads to the demise of their dreams. Usually, this happens because people get mentally, spiritually, emotionally, and physically drained from their full-time jobs, discouraged about life, and believe that

their dreams are not worth investing much time in. To prevent this from happening, you must consistently feed your dreams. Dreams are like babies. Babies must be fed, nurtured, cared for, and given consistent attention; babies cannot care for themselves. Dreams cannot take care of themselves either; you must take care of your dreams by nurturing them, giving them attention, and feeding them. How can you feed your dreams? By continually reviewing the goals and the steps you have written down to make your dreams a reality. You also feed your dreams and goals by consistently reading and listening to positive messages and motivational materials. Finally, nurturing and caring for your dreams entails continuously

working on your goals every single day. You should do at least one thing every day to bring you one step closer to accomplishing your goals. Give your dreams the attention they deserve. You must value your dreams so much that you get to the point where no obligations, people, or distractions can consistently come between you and working on your dreams. Once you get to this point, you are guaranteed to reach your goals.

The beautiful thing about working on your goals every day is you can track your progress easier. If something is not working or bringing about much progress as you'd like, you can immediately make the necessary changes. There are no

negative ramifications to working on your goals and dreams every day. The only possible negative feeling that may result from working on your dreams daily is regret from not initially working on your dreams daily. But don't let this potential feeling get in the way of your dreams and goals either! Act on your ideas and dreams right now.

Stop thinking and start doing!

Final Thoughts

1. Make your dreams a reality.

2. Do something every day that brings you closer to making your dreams a reality.

3. Re-define your goals consistently, review your goals daily, and keep your goals numerically low.

4. Be the person you want to be starting right now.

5. Act now!